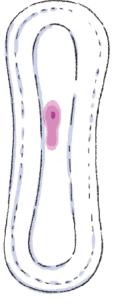
# HOW MUCH AM I BLEEDING?

#### **VERY LIGHT AMOUNT**

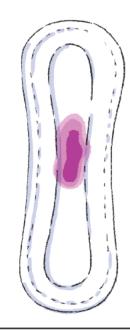
Less than a teaspoon of blood on maxipad within 1 hour, or blood only on toilet paper when you wipe





## **LIGHT AMOUNT**

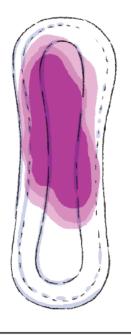
About a tablespoon of blood on maxipad within 1 hour





#### **MODERATE AMOUNT**

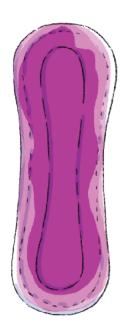
Blood covers about half of maxipad within 1 hour





### **HEAVY AMOUNT**

Blood soaks entire maxipad within 1 hour











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